

#1 Goal Setting Individual Conference - Level 1 DOK

Name the goal areas: Can you restate your three goal areas?

1.

2.

3.

Define what SMART goal means:

S =

M=

A=

R=

T=

Restate goals: Can you restate your three SMART goals?

1.

2.

3.

Open Naviance to show students their SMART goals

Review personal Goals with students

Choose one goal and discuss why it is important

#2 Goal Setting Individual Conference - Level 1 and Level 2 DOK

Restate goals: Can you restate your three SMART goals?

1.

2.

3.

What can you say about the value of having made these your goals?

Can you predict how having these goals may be valuable to your success in the three areas?

#3 Goal Setting Individual Conference - Level 1, Level 2 and Level 3 DOK

Restate goals: Can you restate your three SMART goals?

1.

2.

3.

What have you observed/noticed about your behavior since you have written these goals .

How is having goals related to your achievement?

#4 Goal Setting Individual Conference - Level 1, Level 2 and Level 3 DOK

Restate goals: Can you restate your three SMART goals?

1.

2.

3.

How would you compare your behavior/attitude towards achievement before you wrote these goals with your behavior now after having written these goals?

How would you adapt these/revise these goals to your needs now?

#5 Goal Setting Individual Conference - Level 1, Level 2 , Level 3 an d Level 4 DOK

Restate goals: Can you restate your three SMART goals?

1.

2.

3.

Has working towards goals effected a change in you?

What have you concluded about the value of having goals?

What have you learned about the value of having goals that you can transfer to another situation in the future?

#6Goal Setting Individual Conference - Level 1, Level 2 , Level 3 an d Level 4 DOK

Restate goals: Can you restate your three SMART goals?

1.

2.

3.

Using the information you have learned about goal-setting, how can you demonstrate to others the benefit of having goals?